



New Horizons

*The Official Bulletin of the Rotary Club
of Freshwater Bay Inc.*



Be a gift to the world

PO Box 168, Nedlands, Western Australia, 6909

District 9455

ABN: 99 602 195 617

Volume 8, Issue 1

4th- 15th July, 2015

Pages 1-3: Changeover
Dinner; Bookmarks Gift to
the World; Meeting 8 July

Page 4: Next meeting;
District Awards;
Membership & Dues

Page 5: Annual Report;
Sports Exchange;
Fundraiser; Microscopes

Page 6-9: RI Presidential
Citation; Project Updates
& Other Items

Changeover Dinner 4th July, 2015

This year's Changeover Dinner incorporated Sec. Di Collins' initiative of introducing an MC, and Rtn Chrissie excelled in this role, assisted by PE Rodger's detailed running sheet, which together ensured a timely program and reduced the possibility of uncertainty of the order of events. While 57 people had been catered for there were 2 who at the last minute couldn't make it. All members and invitees introduced themselves individually in the normal manner, following which Rtn Aroosha gave the Invocation address.



New members inducted at the Changeover Dinner: (clockwise) Nelson Cruz, Jen Martins, Jeremy Foster and Graeme Prior.

VP Mike then performed induction ceremonies for Nelson Cruz (who will be taking care of our website), Jen Martins (re-introduced into the Club); Jeremy Foster; and Graeme Prior (as an Honorary Member). These inductions boosted

our Club membership to 35, an exceptionally good start to the new Club year. Entree was then served, after which PRID Ken proposed the toast to Rotary International.

Outgoing President Rajah gave his address, referring firstly to the Annual Report, which had been compiled by Sec. Di and Dir. Stephanie, copies of which were distributed to attendees. He outlined the events and progress of the Club during the past year, also referring to the awards recently bestowed on the Club by the District Governor – best membership increase and best metropolitan bulletin – and congratulated Sec. Di for her efforts on the latter. Pres. Rajah then presented certificates to the members of the outgoing Board – PRID Ken, VP Mike, Sec. Di, Dir. Paddy, Dir. Stephanie, Dir. Liz and PE Rodger. Main course followed, and after a period of socialising, Claire McGlew, a friend of Anne-Sophie, gave a delightful rendition of three songs, which were received enthusiastically by all.



Presidency of the Rotary Club of Freshwater Bay is passed on from Pres. Rajah Senathirajah 2014-15 to Pres. Rodger Kohn 2015-16

Pres. Rajah then performed the 'Induction of a New President', and presented (now) Pres. Rodger with the Club Charter, Presidential Tie, Lapel Pin, Name Badges, Name Strip for the lectern, Theme Banner and Gavel. Rodger in turn presented Raj with a Certificate of Service, his Name Strip, the 2014/15 Banner, and a gift, thanking him for his efforts during the past year.

Pres. Rodger continued, announcing the Board for this year, as follows: himself as President, Rajah (VP), Di (Secretary), Ken (Treasurer and Dir. Membership), Liz (PE), Di (interim Dir. Youth Services), Stephanie (Dir. Community/Vocational Services), Jeremy (Dir. International Services), and Anne-Sophie (P.R. And Fundraising). Rodger then outlined his vision for the year, firstly paying tribute to PRID Ken and Sec. Di on their particular expertise in recruiting new members, and then made the following points:

- ongoing support for the Club's current projects, and invitation to members to propose new ones;
- an increase in the number of social events, possibly combined with meetings, subject to suitability of the chosen venue, possibly at a member's residence, with a normal time limitation on the meeting itself; members welcome to propose any suitable venue;
- need to raise the profile of the Club in our community – our aims and methods of achievement; members welcome to make suggestions in this regard; and
- Pres. Rodger is looking forward to his 12 months in office.



Rotarians and friends enjoyed an evening of ceremony, friendship and entertainment

Following dessert, Dir. Stephanie presented Rtn Perette with a cheque for \$500 from the Club, in appreciation of the use of Moerlina's Carnaby Room for our weekly meetings; this was followed by PE Liz drawing the tickets for the raffle prizes, which were added to by the raffling of the beautiful table floral decorations (made by Rtn Chrissie with assistance of Rtn Perette who made the Rotary symbols).

The evening was drawn to a close by Pres. Rodger thanking all for attending, and in particular those who helped to make the evening such a success: Sec. Di and PRID Ken (overseeing attendance, table organisation, provision of official regalia, sound, photography, etc), VP Rajah (assistance with the running sheet), PP Mike (inductions and running sheet), Rtn Chrissie (MC and table decorations), Rtn Perette (preparing and printing the Program/Menu form and table place names), Rtn Anne-Sophie (entertainment), and friend of Rotary, Sheila Lau, who was unable to attend but who organised the ornate book marks (made by disabled people in Singapore) which were distributed to attendees.

Numerous attendees commented on the success of the Changeover Dinner, as both an official function and an enjoyable social event; all agreed that the venue was appropriate for the number of attendees, and the food and service by the Crowne Plaza staff were excellent.



Bookmarks – Gifts to the World



Attendees at the Changeover Dinner each received a bookmark, a gift provided by Friend of Rotary Sheila Lau. Sheila lives in Singapore and has been a strong supporter of our Club for some time, both financially and in kind. The people she mentors at the Simei Care Centre in Singapore, who are psychiatrically disabled, have produced the bookmarks. Many of them suffer from involuntary shaking and have difficulty using their fingers to carry out simple tasks, in this case peeling and pasting the stickers onto the material for the bookmarks.

It is a credit to those involved, and to Sheila for her efforts in assisting them and taking the trouble to forward the bookmarks to the Club as 'Gifts to the World' for the Changeover Dinner. Thank you, Sheila.



Friend of Rotary, Shiela Lau, (top left) with a selection of the bookmarks donated for the Changeover Dinner, and the inspiration and materials used by her team at the Simei Care Centre (above).

Meeting Wednesday 8 July, 2015

Rebecca Prince-Ruiz, our speaker this evening, has recently been awarded a Churchill Fellowship, and this presentation is her first since the receiving the award. Rebecca is from the Western Metropolitan Regional Council (WMRC) - which manages the Brockway Road (rubbish) Transfer Station - and in this role she delivers waste education programs to interested groups and schools in the western suburbs.

Rebecca's presentation included two separate but related components - her experience in investigating the role of plastic material in the pollution and despoiling of the world's oceans, and a 'think global, act local' initiative method to avoid employing single-use plastic containers

(ie those plastic bottles or cups which are disposed of after the water or other beverage has been consumed).

In respect of oceanic pollution, Rebecca's experience comprised joining a multi-disciplinary team of scientists on a two-week expedition aboard a vessel, which travelled from Cornwall in the UK to the (Portuguese) Azores Islands, some 1400 nautical miles away in the Atlantic Ocean. They described the plastic pollution they discovered beneath the sea surface as "ocean soup".

Each day the group would draw water from the ocean and scientifically investigate it to determine the amount of pollutants it held. Regardless of whether pollutants were evident to the naked eye, the investigations always revealed small particles of pollutants, mainly of plastic origin. While this may seem unimportant due to the minimal size of the pollutants captured, it was explained that it entered the oceanic food chain by being consumed by krill, which was one of the most significant sources of oceanic food, and consequently permeated much of the total food chain.

Regarding the local conservation initiative, Rebecca explained that from a modest beginning in 2011 she decided to avoid purchasing, during the month of July, any goods in plastic containers, and succeeded in getting colleagues at the WMRC to join in the campaign. WMRC now has an important and growing campaign called "Plastic Free July" which has spread to 70 countries worldwide, with 14,000 participants. This principle is exemplified locally where some coffee shops reward clients who bring along their own cups or mugs instead of buying the coffee in a plastic container supplied by the shop.



Rtn Anne Passmore presents Rebecca Price-Ruiz with a small gift in thanks for her presentation.

Other points made in Rebecca's presentation are summarised as follows:

- Australians recycle only about 21% of the total potential recyclable material;
- More plastic is being produced now than ever before;
- 80% of marine pollution is plastic-based;
- Many household goods, such as cosmetics now contain plastic microbeads.



Visitors at Wednesday night's meeting, Liz Terracini and Liz Wharton

Next Meeting – Wednesday 15 July, 2015

Next Week's Speaker will be Liz Prescott, from AUSUM Enterprises, a not-for-profit organisation committed to empowering people through education, employment, and enterprise.

AUSUM initiatives is working with industry and government to provide innovation in community services that lead to sustainable employment outcomes with an added social benefit. A not-for-profit, public benevolent

institution that has been serving the community since 1976, AUSUM offers a seamless, guaranteed recruitment service based on their values of:

- Respect
- Honesty
- Commitment
- Innovation



Next week's speaker, Liz Prescott

Dates and Times for Upcoming Meetings

Youth Service Committee – Wednesday 15th July, 7.00 pm, Moerlina

Board Meeting – Tuesday 21st July, 6.00 pm, Collins', 1 New Court Green, Mt Claremont

International Service Committee – TBA

District Awards

Pres. Rodger and Shirley Kohn attended the District Changeover and collected several awards on behalf of the RC Freshwater Bay. There were only a small number of clubs in the District who qualified for RI Presidential Citations so the RCFB are to be commended.

Awards received are:

1. RI Presidential Citation for 2014-15
2. RI Presidential Citation for 2014-15 for the Interact Club of Freshwater Bay.
3. Best Metropolitan Club Bulletin
4. Most Improved Club Membership



Membership & RI Dues

Members are advised that Tr PRID Ken Collins has sent out invoices for membership dues on 1st July as dues are due and payable by 31st July. Dues are \$300 per member and if there is a second member of the household as a member, the second member is \$260. This \$40 reduction is because only one official Rotary Magazine is required per household.

Updated Membership List

Sec. Di has distributed the updated Membership list to reflect the members who will not be continuing in the 2015-16 Rotary year and those who are joining the Club. The members not continuing are Graciela Rhodes, Prita Ash, Gail McLay and Brooke Nolan. Two others who are yet to confirm the continuation or otherwise are Jenny Day and Jen Williams. The new members are those shown above who were inducted at the Changeover Dinner.

Annual Report

Thanks to Sec. Di and Dir. Stephanie for preparation and production of the Annual Report. Copies were distributed at the Changeover Dinner, and others were made available at the meeting on 8 July. Others can be made available on request to Sec. Di.

Sports Exchange Chairman

We need a volunteer to take over from Pres. Rodger the vital task of Chairman of the Sports Exchange. We are endeavouring to secure an alternate site for both the sales and storage of goods, as it has become evident that the Hollywood Primary School location lacks the exposure and sufficient passing trade to engender sales activity. Members are requested to give earnest consideration to this matter.

Weekly Speakers

PP Mike has offered to continue in the role of administrating the arrangement of speakers. Thank you, Mike.

Fundraising Movie

New Director of PR / Fundraising, Anne-Sophie, has organised a fundraising movie night. Please put the date in your diary and start spreading the word to friends and family as the more people we can have in attendance, the greater the profit that will come back to the club for its projects. Thank you to our club members who have already purchased tickets - Ken Collins was spotted exchanging money for tickets at the Changeover Dinner, and more tickets were distributed to members on Wednesday to sell, but we need to sell more.

Movie: "Mr Holmes"

Venue: Windsor Theatre, Stirling Hwy, Nedlands

Date: Friday, 31st July, 2015

Cost: \$20.00 per ticket - includes cheese and biscuits.
Drinks can be purchased from the bar.

Tickets: <http://www.trybooking.com/HXEW>

***Seeking raffle prizes:** Petrina has offered two tickets to one of her Petrina Bishop concerts; Sec. Di has a \$50 voucher to Gusti's restaurant at Crowne Plaza and also several bottles of wine. If you dine at a restaurant regularly or know people with businesses who have merchandise suitable for a raffle, please see if you can obtain a voucher or prize from these sources for a raffle on the night.

Sincere thanks goes to Tony Morgan from IGA Captain Stirling who has kindly agreed to sponsor the cheese and biscuits for the event. A flyer and tickets have been designed by Nikhil Ramanathan. Grateful thanks Nikhil.

Microscopes in Schools

Principal Beverly Stanes of Merredin College has sent a letter of appreciation to our Club and Mill Point and Southern Districts clubs for donating microscopes to six schools in the Eastern Wheatbelt Education Network, including 30 microscopes to the College (from the SD Club).

Ms Stanes advises that the students of the College have already used them extensively, finding them easy to use and excellent for engaging students' interest, and by so nurturing their enthusiasm will no doubt ensure we have more people pursuing science-related careers in the future.

Before thanking those Rotarians for travelling to Merredin to deliver the microscopes to the College, including Sec Di and (then) Dir Liz, the Principal quoted Robert Hooke (1665, in "Micrographia" - the first 'microscope book') "... by the help of Microscopes, there is nothing so small, as to escape our enquiry; hence there is a new visible World discovered to the understanding."



Students from Merredin College study parts of a plant with the Rotary microscopes.

Due to the Changeover of Club Boards, little activity has occurred in the movement of microscopes since last Bulletin. There are 529 units awaiting confirmation of sponsorship – 10 clubs approached for 18 schools.

Below is the list of where we are at:

- RC Carnarvon – requested Exmouth DHS (30)
- Geraldton Clubs – requested Dongara DHS (30), Mingenew PS (26) and Waggrakine PS (30).
- Gnowangerup – requested Gnowangerup DHS (22)
- RC Kalamunda – requested Kalamunda PS (30) and Kalamunda Ed. Support centre (30)
- RC Kalgoorlie – requested Norseman DHS (25)
- RC Mandurah – requested Hall's Head College (60)

- RC Mindarie – invoiced 33 units Yanchep DHS; requested Avondale Ed. Support (30)
- RC Northam - requested Avondale Ed. Support (30)
- RC Scarborough – requested remainder of Inland Lighthouse N'work – Miling (20), Cadoux PS (20) Dalwallinu DHS (30), Trayning PS (25) and Dowerin DHS (28). A total of 123 units.
- RC Swan Valley – requested Bindoon PS (30)

District Directory and Website

DG Jerry Pilcher advises that our District Directory is this year a 'live' online document, which means it can be constantly updated, corrected and added to, a facility which a printed document lacks. The Directory can be printed out in A5 size – in total or in sections relevant to requirements.

The District Website also contains information about the RI and District Awards which are available to Clubs and Rotarians. The Club Bulletin Award (which RCFB last year gained 'best' for Metropolitan) has changed to a Club Communication Award, which will take into account components such as a club website and facebook.

Message from RI President – Citations

The following is an extract from the desk of RI President, K.R. (Ravi) Ravindran, relating to this year's Presidential Citations.

This year's Presidential Citation is somewhat different from previous ones. In developing this program, I put a lot of thought into selecting goals that, if achieved, would be measurable by all of us and make Rotary demonstrably stronger, more effective at delivering service, and more widely known and respected by the general public.

To improve our capacity to accurately measure our goals, Rotary International has enhanced the tools we use to gather and analyze data. These improvements will allow all levels of Rotary — from the clubs all the way up through the district, zone, and international levels — to measure and assess their respective performance.

Thanks to these resources, we now have a paperless process that replaces the forms and reports clubs and district governors were required to submit in the past. Instead, we will verify all club achievements with the information your clubs provide in the Rotary International Database

To qualify for the Presidential Citation, your clubs must complete two mandatory activities and additional activities as described in each category. Some activities will be verified by the information you enter in Rotary Club

Central, as noted in this brochure. Other activities will be verified automatically when you initiate a specific action. Unless otherwise specified, all activities must be completed between 1 July 2015 and 1 April 2016. Your accomplishments will then be verified by Rotary International data

Rotary Fellowships – Membership Expansion

Rotary Fellowships are independent groups of Rotarians who share a common passion or interest in a particular activity or pursuit – social, sporting, business, or otherwise – and such membership provides a means by which to make friends locally or around the world. Some are purely social while other members use fellowships to carry out service projects. A check on the internet lists a wide range of fellowships, from Amateur radio to Zoology.

Until recently membership was limited to Rotarians, their spouses, and Rotaractors. At the recent conference in Sao Paulo the Board of Rotary International expanded the membership categories to include anyone who has ever participated in a Rotary Foundation program, past and present, and this includes those involved in Interact, Youth Exchange, RYLA, Peace Fellowships, several forms of Scholarships, Vocational Training teams (members and leaders), Grants, Study Exchange, and a host of other classifications of people - who were not or are not Rotarians. More information is available on the Rotary International website.

Polio – Global Eradication Initiative

By July 1st this year the wild poliovirus outbreaks in equatorial Africa, Ethiopia and Kenya were assessed to be over by independent teams, having successfully interrupted transmission of the virus. The following statistics show the ongoing success of the End Polio campaign:

- Total globally in 2014: 359
- Year to date 2014: 111 (numerous countries, mainly Pakistan);
- Year to date 2015: 29 (Pakistan 25, Afghanistan 4).

Buses for All Ears & One2One – Cambodia

All Ears, under a Rotary Action Group (Rotarians for Hearing) and supported by RCFB, aims to increase the capacity to provide communities in Cambodia with primary ear care, and to treat adults and children who have severe hearing loss. The One2One organisation, also supported by RCFB, is a dental outfit which attends to the oral needs of numerous communities in that country. Both groups have been in need of improved means for accessing people in various parts of Cambodia, and our Club has been instrumental in organising two Toyota buses for the purpose.



Hon. Member Tony Munday presenting the buses to representatives of All Ears and One2One in Cambodia

More specifically, Hon. Member Tony Munday's Goodeve Foundation provided US\$39,000 (AU\$47,000) plus medical equipment, our District provided US\$16,500, clubs in Taiwan and South Korea also contributed, and the Cambodian government waived the duty requirement. And finally, following a lengthy period of negotiation and clearing the administration and protocol hurdles, the two vehicles were successfully delivered to the groups on Tuesday 7th July.

An Update on Nepal from Melinda Yang

Very sad to read that, as of mid-June, seven suicide cases related to the April 25 earthquake have been officially published by the Nepal Metropolitan Police Office. Also, as many as 67 people, including 53 males, have committed suicide by hanging or consuming poison. Of these, seven succumbed to grief and mental disorder from losing their loved ones and property to the earthquake. (Source: The Himalayan Post - 06.July.2015)

DUETS: Crossing Over Concert

Performance: Sunday, 19th July 2015 ~ 2pm

Part proceeds go to Lifeline!

Venue is the Rowing Club on the river in South Perth. Tickets are \$30 Adults, \$25 Concession and \$15.00 students.

Tickets: <http://www.trybooking.com/134959>

Light refreshments will be provided.

Rtn Petrina is presenting a great line up of 10 outstanding artists (out of the 100 who auditioned) and is still seeking assistance from members of the RCFB – assistance with tickets sales, help on the day (ushers, preparation of the light refreshments, serving and cleaning up).

Please help with sales - invite your friends – and let Petrina know of your availability to assist.

An Afternoon with Maggie Beer

Professor Ralph Martins has invited members of RCFB to support a fund raiser for much needed funds for Alzheimer Research.

Join us on Sunday afternoon for a decadent High Tea to support Professor Ralph Martins' Alzheimer's Research at ECU and the McCusker Alzheimer's Research Foundation. Indulge in a selection of sweet and savoury treats, sparkling wine, and a selection of tea and coffee.

DOOR PRIZE • SPOT PRIZES • RAFFLE • AUCTION



Tickets \$100pp - available individually or tables of 10;
Tickets on sale until 9th August;
Event - Sunday 23 August at Joondalup Resort;
1:30pm for a meet and greet with Maggie; and High Tea served at 2pm.

Camp Opportunity

Camp Opportunity is a live-in camp for 18 – 35 year old adults with disabilities. 'Campers' are teamed with an able-bodied 'Buddy' and spend a week of fun at a dormitory-style camp, with 4 people per room plus suitable bathroom / toilet facilities, at Point Walter Recreation Centre, 1 Stock Rd, Bicton.

The aim is for participants to develop personal growth, relationships, and teamwork skills. Rotary sponsorship covers costs for Campers and Buddies and the camp is run by a District Committee with a camp nurse on site all week.

Activities include archery, abseiling, flying fox, ten pin bowling, T-shirt screen printing, disco, karaoke, water sport (biscuit and boat rides) kite-making, origami, a Camper and Buddy talent night, visits to Adventure World and Perth Zoo, and lots of swimming.

Camper participants include people with physical and mental disabilities such as Cerebral Palsy, Autism, Spina Bifida, Down Syndrome, Vision-Impaired, Wheelchair-bound and Head Injury personnel. Buddies are able-bodied volunteers, also 18 – 25, with the ability to attend and stay on camp for the week and willing to participate in all activities.

Camp Opportunity will take place from Sunday 24th January to Saturday 30th January 2016, and details regarding applications and all relevant requirements and conditions can be found by accessing the internet: *Rotary District 9455 Camp Opportunity*.



Abseiling at Camp Opportunity

Future Presentations – Conservation Topics

Rotary Action Group for Endangered Species (RAGES)

RAGES is an organisation which is not an agency of, or controlled by, Rotary International, but whose aim is to mobilise Rotarians and provide global awareness and 'focussed action' in the continuing struggle to preserve and protect endangered species, initially in Africa, where poachers are prevalent and whose activities also impact on the social and economic welfare of local indigenous people. A prominent member of RAGES, Paula Wiegink, lives in WA and has been approached by Sec Di (also a member) to speak to our Club.

Save Our Marine Life

Save Our Marine Life is a growing community of people, organisations and businesses, working to protect Australia's unique marine life, safeguard our healthy coastal lifestyle, and save our new national network of marine sanctuaries. The group has produced a 30 minute documentary, "The Sea And Me", and advises that it is willing to screen it at our Club. Sec Di has responded to group member, Kady Grosser, and advised that we will be glad to host the group in the near future.

Upcoming Birthdays

Warmest wishes for a very Happy Birthday go out to Shirley Kohn for the 10 July, and both Stephanie Rainey-Smith and Shad Ryan for the 16 July.

Program for July 2015

Date	Program	Attendance	Introduction and Thanks
4th July (No Meeting 1/7)	Changeover Dinner – Crowne Plaza Perth, 54 Terrace Rd, East Perth.		MC Chrissie Jordan
6th July	Community/Voc Committee Meeting, Hollywood PH, McCusker Build. Entrance 5 Monash Ave @ 6:00pm		
8th July	Rebecca Prince-Ruiz – Plastic Free July	Petrina Bishop	Anne Passmore
8th July	Club Service Committee Meeting – Moerlina @ 7:00pm		
15th July	Liz Prescott - Ausum	Ian Passmore	PRID Ken Collins
15th July	Youth Service Committee Meeting – Moerlina @ 7:00pm		
19th July	Duets Crossing Over Concert – Rowing Club, Mt Pleasant @ 2:00pm		
22nd July	TBA	Kathleen Elliott	Jeremy Foster
29 th July	TBA		
31 July	Movie fundraiser: “Mr Holmes” at Windsor Theatre, Stirling Hwy, Nedlands from 6:00pm		

Board

Rotary Year 2015-16

Rodger Kohn — President

president@rotaryfreshwaterbay.org.au

CP Di Collins — Secretary

secretary@rotaryfreshwaterbay.org.au

PRID Ken Collins

treasurer@rotaryfreshwaterbay.org.au

Liz Hollingdale — Club Administration Director

clubadmin@rotaryfreshwaterbay.org.au

Stephanie Rainey-Smith — Vocational & Community Service Director

community@rotaryfreshwaterbay.org.au

PP Jeremy Foster – International Serv. Dir.

international@rotaryfreshwaterbay.org.au

CP Di Collins (Acting) – Youth Service Dir.

youth@rotaryfreshwaterbay.org.au

PRID Ken Collins – Membership Director

membership@rotaryfreshwaterbay.org.au

PP Rajah Senathirajah – VP

Anne-Sophie Lesteven – PR/Fundraising

info@sportsexchange.net.au

Pres Rodger Kohn - Bulletin Editor

bulletin@rotaryfreshwaterbay.org.au

Club Details

Rotary Club of Freshwater Bay Inc.

PO Box 168,

Nedlands,

Western Australia, 6909

Meetings

Wednesday 6:00pm to 7:00pm

Carnaby Community Room

Moerlina Primary School

16 Brockway Road

Mt Claremont 6010

Email

president@rotaryfreshwaterbay.org.au

Phone – 0419 666 168

Website - www.rotaryfreshwaterbay.org.au

Microscopes: www.microscopesinschools.com

Sports Exchange: www.sportsexchange.net.au

Facebook - *Please 'LIKE' our pages*

<http://www.facebook.com/freshwaterbayrotary>

www.facebook.com/sportsexchange.rotary