

ISSUE

20

February  
2013

# The 5 O'clock Wave

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0412602704

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Rotary District 9700  
New South Wales  
Australia

Meetings:  
Tuesday 6.15  
Wagga R.S.L Club,  
Dobbs St

**District Governor**  
Greg Brown

[District 9700 Website](http://www.rotary.org.au/district9700)

Find us on the World Weird Web

[www.murrumbidgeerotary.org.au](http://www.murrumbidgeerotary.org.au)

or

<http://www.facebook.com/murrumbidgeerotaryclub>

"It is the apathetic person that sees the cause while the charitable person sees the need."

*Shannon L. Alder*

For Complaints, Comments, Corrections or  
News contact [Minishep@tpg.com.au](mailto:Minishep@tpg.com.au)

## Coming Soon

### Tuesday 12 February 2013

Joint meeting with Lockhart Rotary Club  
At Lockhart  
A game of bowls and a BBQ afterwards

### February 15th

Little Paths Charity Ball at Capital Nightclub

### Sunday 17 February 2013

Wagga Rotary Peace Awards  
11.00 am at the Memorial Gardens

### Tuesday 19 February 2013

Dinner Meeting at the RSL Club  
Guest Speaker: PDG Mary Sherman  
Norman Rotary Club – Oklahoma USA  
6.30 pm Dining Room at the back of the Bistro Area - \$20.00

### Saturday 23 February 2013

BBQ at Markets by the Lake

### Tuesday 26 February 2013

General Club Meeting  
Followed by Director's Meeting

### April 8th - 13th

RYLA, Camp Kurajong Oura Rd Wagga

## This Week's Meeting

This week it's a visit to the Lockhart Rotary Club, where we will be playing barefoot bowls (or soft sole shoes) and having a bbq afterwards. Bill McDonnell has extended this invitation to us to attend his club and to bring along information on RYLA as he hopes to ask other people he thinks will go to RYLA or parents of such.

So the details are meet at the RSL club to leave at 5.30 - 1 hour to Lockhart - 6.30 at Lockhart.

See you all there



## Last Week's Meeting

I would like to thank everybody that helped with the Murrumbidgee Meet & Greet Night. I think that a great night was put together with a bit of effort and that everybody had a good evening.

With 76.5% of members attending with a couple of partners, 2 visiting Rotarians and 8 invited guests of Rotarians attending the night was a relaxed and informative affair. We look forward to having some of the guests return and check out the many varied activities that our club gets involved in.

Also we had Deborah Braines as representative of Ronald McDonald House Wagga attend this meeting and she was presented with a cheque for the proceeds of The Teddy Bears Picnic that was held in November.



### For those of you who missed it here is Lauren's presentation

Rotary was built upon the idea of advancing good will and understanding. There are endless ways in which rotary have helped out the international, national and even the local community. The Murrumbidgee rotary club has participated and fundraised for all levels of our community. Murrumbidgee rotary has helped with a variety of causes since we were

established in 2006. We are lucky as we are a mixed club with a wide range of ages, occupations and interests.

Internationally rotary has led the global effort to eradicate polio. Rotary's project Polio Plus has helped to ensure that the world is now 99% polio free. Polio is a contagious viral infection that causes paralysis, breathing problems and can lead to death. Since rotary's involvement started 25 years ago Rotary has contributed more than US\$1 billion to the cause. The Polio Plus program helps Rotary fund operational costs, such as transportation, vaccine delivery, social mobilization, and training of health workers, and support surveillance activities. Rotarians work to encourage both donor and polio-affected governments to commit the political and financial resources needed to eradicate polio.

Another international project that our rotary club has been involved in is RAWCS. RAWCS is a project to help



rebuild in the aftermath of disaster, programs to bring education to countries or bringing health care and medical aid to those who have difficulty accessing it. RAWCS supports Rotary Clubs in sending teams of volunteers to developing countries to provide assistance upon the development of much needed facilities, especially within the health and education areas. The Murrumbidgee club has volunteered in recent years in Vanuatu. This RAWCS trip saw members of this club joining others to repair school buildings for the children of Vanuatu. Feel free to ask members about this trip as they gained quite a bit from their experience.



There are many national programs developed by rotary and run by Rotarians all across Australia. Currently our club is organising RYLA 2013. Ryla stands for rotary youth leadership awards which is a camp held over a week. The Rotary Youth Leadership Award is a challenging program which provides a unique opportunity for young people to develop leadership skills and self confidence under the guidance of business professionals, Rotarians and Rylarians. The week sees motivational speakers, group

challenges helping the participants to gain skills to help them in their future as well as helping them become great team players. It is a week of hard work, laughs, team building and a week of forming lifelong friendships. The week is aimed at 18-28 year olds. If you know anyone who would benefit from this week come and see me or any of the other members.

Murrumbidgee rotary also helps out with RYDA which is a life saving national program aimed at young learner drivers to teach them road safety. We are also currently helping with the science and engineering program. Science & Engineering Challenge In an effort to encourage more students to enter the Science and Engineering fields, Rotary clubs in Wagga are liaising to organize another great challenge. Students from local high schools will compete in fun hands-on activities designed to encourage students to think outside the square.

For the last 3 years the Murrumbidgee rotary club has organised a teddy bears picnic to raise funds for Ronald McDonald house. Everyone knows someone who has





had a sick child and how stressful this can be. Ronald McDonald house provides them with a home away from home for them and their families in a time when they need it most. Each year we put on a bbq, face painting, jumping castle, games and activities to raise money for Ronald McDonald house. We also raise money throughout the year for the house.

Last year we held a trivia night to raise money for the Australian rotary’s mental health program. We do a lot of hard work in rotary but we have a lot of fun doing so. We also have social nights each month such as a beach party, brewery tours, dinner at the TAFE restaurant, and a trip to the Louth races.

I have been a member of this rotary club for 8 months now but rotary has played a part in my life for a while. I was fortunate enough to be sent on a rotary camp while in high school, I received 3 rotary scholarships while attending university and 2 years ago I was sponsored by a rotary club to attend RYLA. These events changed my life and have helped me get to where I am today. I know what it is like to be helped by rotary and that is why I joined last year. It has been a great feeling getting to give back and help others just as rotary has helped me. Thank you for coming tonight. Feel free to talk to any of us wearing the purple shirts tonight if you have any questions. I hope to see you at our meetings soon.



**Coming Soon**

You are invited to a night of inspirational Rotary fellowship  
**Wednesday 6 March 2013**  
7.00 for 7.30pm at the  
**West Wyalong** S&C Sports Club, Tallimba Rd, West Wyalong  
Cost per head - \$40 which includes a drink and dinner (Two courses main & dessert)



Guest Speakers are two inspirational former RI directors **Stuart Heal** and **Tom Thorfinnson**.  
Details attached. For any queries phone 0409 660 662  
Hope to see you there.

Jill Funnell

The Leprechaun’s Bean is proudly promoting the 2<sup>nd</sup> “Coffee for Ronnie” breast cancer fundraiser on Friday 22<sup>nd</sup> February 2013.

I would really appreciate it if you would forward this flyer to family & friends, or print it off and put it in a prominent position for co-workers and/or customer to see it.

The fundraiser is held as a memorial event for Rhonda Moffatt (Ronnie) who passed away 3 years ago from breast cancer. Ronnie was a larger than life character who is thought of often & sadly missed by many. She was only 48 years old.

Please find some breast cancer facts below (taken from The National Breast Cancer Foundation website).

**What are the facts?**

- Breast cancer is the most commonly diagnosed cancer among women in Australia.
- One in eight women will develop breast cancer in their lifetime.
- In 2012, 14,610 women are predicted to be diagnosed with breast cancer in Australia.
- By 2020, 17,210 women are projected to be diagnosed with breast cancer every year in Australia. This is an average of 47 women every day.
- Increasing age is one of the strongest risk factors for developing breast cancer. More than two in three cases of breast cancer occur in women aged between 40 and 69 years.
- Australian women diagnosed with breast cancer have an 89% chance of surviving 5 years after diagnosis.
- Improvements in survival are attributed to earlier detection of breast cancer through regular mammograms and improved treatment outcomes for breast cancer.
- On average, seven women die from breast cancer every day in Australia. Finding breast cancer early increases the chance of surviving the disease.
- Although rare, breast cancer can also affect men. 113 men were diagnosed with breast cancer in 2008. This is approximately 1% of all breast cancer cases.
- One in 688 men will develop breast cancer in their lifetime.

Please help support this fundraiser any way you can – the more money raised, the more chance we have of beating cancer. Last year I estimated we might raise \$250 but we raised nearly \$800. I would love to beat this amount this year, and with your help, I think we will!

Thank You.Heather Hassall

[The Leprechaun’s Bean – 02\) 6971 0990](tel:0269710990)