

Rotary Club of Hout Bay



Bay Breezes

4th May 2013



Wine Tasting evening

Last Tuesday saw the members and partners engage in another wine tasting exercise courtesy of Butch and Lynn. We all proved that we were better at the tasting bit than the knowledge bit. Absolutely hopeless we all were from the oenological expertise angle but what a great evening. White wine was the subject and six flavours to discern as well as guess the price. As I say, I don't think many of us excelled or impressed the judges but we certainly enjoyed ourselves. A bit more I think as the evening went on. Heaven forbid Butch does a whisky evening.

Induction Dinner

I sent out an email to all and sundry last Thursday asking for confirmation AS SOON AS POSSIBLE for attendance at our induction dinner for John Routley which is to be held on 21st May. It is important that Alison Rice has numbers quickly as we have to decide whether or not numbers are such that we should be booking Suikerbosse or have it in the club as we did last year. If we leave it much later we might find that we have too many for the clubhouse but too late to book Suikerbosse. Please respond now. Let Ali know.

This coming Tuesday

We have Bobby Duffus as speaker to talk to us on nature conservation and Rhino and Elephant poaching. The harrowing killings of Rhino in particular all to feed the superstitions of a country far away is stomach churning to all of us. We all care about the animals and their plight and we shall learn more about the problems and possible solutions from Bobby. This is, no doubt a very worthwhile talk and I would expect a good turnout.

DON'T FORGET:

SUZIE KIDD HAS TAKEN OVER AS ATTENDANCE OFFICER. LET SUZY KNOW MONDAY EVENING 5.30PM LATEST IF YOU ARE NOT ATTENDING OR IF YOU ARE BRINGING EXTRA MOUTHS TO FEED. SUZIE'S CONTACT DETAILS ARE:

Home: 021 791 4815

Cell: 082 855 1968

Email: suziekidd1@gmail.com

Registration online for District Conference

For those of you who have not yet signed up to the Ratanga Junction District Conference the online registration site is below. Attendance on a daily basis is not expected by any means but Saturday and Sunday are the conference days.

The full conference Directory can be accessed at the following link:

http://www.rotarybellville.org.za/images/documents/CONFERENCE_DIRECTORY_MAY_2013_-_Vs11.pdf

and online registration at the following link:

<http://www.rotarybellville.org.za/index.php/events-registration?view=event&layout=categorylist&controller=event&task=category&list1=&list2=&list3=&list4=&list5=&list6=&list7=&list8=&list9=&list10=&list11=&list12=>

Any problems with those links just go to the District website, rotary9350.co.za, and navigate from there.

ROTARY FAMILY HEALTH DAY - update from Patrick McLaughlin

Dear all,

The stage has now been reached with Rotary Family Health Days, where RC Hout Bay plays its part in a national campaign mounted by Rotarians for Family Health and AIDS Prevention and Coca Cola in the main will assist in the current drive in South Africa to try and get an additional 50,000 HIV cases logged and onto ARV's. In the same way before a stage show opens for a first night, nobody is really quite sure what is going to happen beforehand. I am glad to tell you that Hout Bay RC leads the pack.

Wonderful assistance has come from Liz Huckle of Hout Bay Health Forum and Jacqui Chetty of TB Care in Hout Bay and what surprised us is the great help we have received from department of health. Also the volunteers sisters and nurses from our own two clinics, Coolamon House in Main Road and the clinic up at Hangberg both of which are recipients of Rotary matching grants.

Sister Babs, the new sister at Coolamon House has been most helpful.

Now we are working on last moment things – the important matters like getting tables and chairs - where to store materials overnight – which professionals can man the registration desk at the door and get the complicated medical forms completed and who goes where inside of the hall. Important thing is that Zoe has coffee on the go all day and there are sandwiches at lunch for all helpers in the side veggie garden. We shall learn a lot on the first day, of course, so by Saturday we shall have a pretty good idea of whether this is a repeatable annual thing or not.

Don't worry that you know nothing on the medical matters. If you are asked a medical question go straight to Liz Huckle or a sister.

For those who have volunteered, my grateful thanks and those of the organisers. Much is a learning curve on this exercise and the learning is going on at all 180 sites around the country but on the whole you will be there to handle the hundreds of things we don't know are going to happen.

There are 21 sites in the Western Cape. Radio advertisements have been going for two weeks on SABS in 11 languages, TV ads on e-TV and we have done Hout Bay Organised and the Sentinel, both of which you may have seen. 1,000 leaflets have gone into Imizamo Yethu and Hangberg.

I need help this week in seeing schools and advising school heads, leaving posters. Peter the pres is going to pick up probably our final collections of forms from the organisers. Also we need help with translators, so this is where the idea of Keith's to get Raymond to persuade Ncedo and Nkosinathi, our bursary students, is so good. Especially if they can make on the first day, the Thursday when we shall be struggling.

General points to helpers are.....if there are queues at Iziko Lobomi Hall (and we doubt this) help them to line up. Help NGOs set up and most of all use your Rotary initiative to keep the show on the road on a daily basis and assist people patients find what they want. You are carers. Please wear your badges that I will dish out, plus your tee shirt. Remember, this is preventative health care. It is doubtful that sick people will arrive en-masse, if at all, so don't worry.

I thought you would like the picture of Butch climbing up a ladder to hang our Rotary Family Health Days banner at Iziko Lobomi Hall in IY this weekend. The cumulative years of us both is 143 but as Butch is the baby, he volunteered to climb the ladder.

-Patrick McLaughlin

WE ARE STILL VERY SHORT OF ROTARIAN HELPERS WITH ONLY EIGHT OF US SIGNED UP. JUST A MORNING OR AFTERNOON ON A COUPLE OF THE THREE DAYS IS ALL WE ASK.



Butch up a tree



the finished product

Free health check-ups in Hout Bay

Better family health in Hout Bay will be promoted energetically and at no cost to the community in terms of an innovative programme that will run for three days next week from Thursday May 9 to Saturday May 11.

The Rotary Club of Hout Bay, working through the Hout Bay Health Forum, the IY Forum and the Department of Health, will be promoting better family health in the Iziko Lobomi Hall in Imizamo Yethu.

Families from Hangberg and Imizamo Yethu are invited to visit Iziko Lobomi Hall over the three days for free health checks. A range of free health, child care and nutritional services will also be on offer.

Rotary Family Health Days are being held at 180 sites across the country at the same time. And in Hout Bay, the same will be happening with more than 15 local health care organisations being represented here in the valley.

The teams will include nurses and sisters from our own clinics in Main Road and Hangberg to administer free TB testing for families, diabetes and blood pressure screening, HIV counselling and testing, polio and measles vaccinations and deworming.

Medical authorities will be on hand to answer questions about nutritional needs and check out children, arrange



■ Many of the staff of Hout Bay's Main Road clinic, pictured, will be on duty during the three Rotary Family Health Days next week.

cervical cancer smears and, mammography screening if required. Free soup will be available.

In 2011, a pilot of Rotary Family Health Days was held in Uganda and Kenya. This year the programme has been extended across Uganda, Nigeria and South Africa with the help of Coca Cola and the health departments of each country.

The goal in South Africa is the testing and counselling of 50 000 people for HIV in 180 locations.

This will involve enlisting the help of some 4 000 Rotarians country wide.

Employers are asked to encourage staff to attend and to familiarise as many people as possible with the advantages of the programme where everything is free.

What's On

Run

Entries are now open for the Hout Bay Trail

CALL US FOR A FREE

Little Angels - From Ashley Newell

Hello President!

Please find attached photos from two donation drop offs I have made at Little Angels. The first round of food donations (on the right) was purchased with the funds left over from world of AIDS day. The second photo (the principle and a teacher) includes the Toys that were donated to Rotary and that Don had passed on to me (the older aged toys were previously donated to Ikhaya le Themba) other donations of clothes and food were donated by my volunteers and Hout Bay community members.

As it was brought up at the last Rotary meeting I attended wherein I had shared about using the funds to bolster their feeding scheme- I also requested Leizel (Principal of Little Angels) to compile a wish list for the centre. This is also attached should Rotary be interested in supporting again in the future. Little Angels has been through a lot this year- they had to literally pick up their buildings and everything and move to an adjoining property – they are now in the process of gaining rights to more land (further adjoining to the property) so



that they can build proper kitchen and bathroom facilities as well as an additional classroom. Currently since the move the children are using chemical toilets and the cooking has to be done up the hill in Leizle's home and then brought down to a classroom that has had to be converted for storage and food prep. As I am sure you recall from Shelby's presentations Little Angels is unique in that it supports children whose parents are attending the rehabilitation center and therefore does not receive "school fees" for many of the 69 children in attendance. These children also are coming from significantly rough home situations- during the 1st food drop off I also had the very upsetting responsibility of having to document the bruises of a child who's face had been beaten at home when he had asked for food over the weekend (this matter

was very swiftly and appropriately reported by Leizel to Child Welfare and the clinic). Leizle doesn't always ask for help when she needs it but always seems to persevere and make a big difference in these children's lives as well as the lives of the teachers (some who just volunteer) who many themselves were past drug users. One of the teachers shared with me when upset by the child that had been beaten that she realizes that's where her life was headed as she used to smoke with the mother of that particular child and she is so glad her life was saved and that her life now has a purpose at Little Angels.

This email has gotten longer than I had planned but once again sincerest thanks for Rotary's support!

Be well,
Ashley



Ashley is one of our key people on the ground in both the IY and Hangberg communities. She is able to put her finger on where help is needed most urgently and where Rotary is in a position to help. Ashley and the projects she points us toward are deserving of our full attention and help if possible. I have told Ashley that I shall be raising the matter of regular food help for Little Angels at board level. -*president Peter*

...and..Ashely's Good News blogs

Dear Community Members,

I am very happy to officially announce the launch of the IY Forum's new project: Hout Bay Good News!

PLEASE support this collaboration by submitting YOUR good news! Any individual, group, or org story is more than welcome! Just a paragraph or two and a couple photos is all it take to get the word out! Have an event coming up? Let us help spread the word! I would love to be able to post a story a day!

This is a collaborative project so any and all feedback is warmly welcomed! Please forward this email!

<http://houtbaygoodnews.wordpress.com/>

<http://www.facebook.com/pages/Hout-Bay-Good-News/497398586975816?fref=ts>

<https://twitter.com/HoutBayGoodNews>

Thank you for the support and your continuing hard work to bring about so many uplifting opportunities in our community!

Ashley

Bird Watching Course

Adele Mare is organising a bird-watching course and hikes to go with it.

For those who would like to diarise the course, "Birding for beginners" it will take place on 3 consecutive Saturday mornings from 09h00 to 13h00 in an auditorium at Herschel Junior School, Claremont. Dates: 24 and 31 August and 7 September with an outing 1 September.

contact Adele Mare:

adelem@walkermare.com

It is always good to know what other clubs are up to, how they are doing and what where their particular efforts and endeavours lie. I hope that you all take a look at Coolamons website every now and again

<https://www.facebook.com/pages/Coolamon-Rotary-Club/188874491186422>

We often get a mention.

Also our neighbours at Wynberg produce a weekly newsletter along the lines of Bay Breezes and this is always worth a read. I am attaching a copy to this edition of BB courtesy of Keith Bull.

BUSH MESSAGE

Osama Bin Laden himself decided to send George Bush a letter in his own handwriting to let him know he was still in the game. Bush opened the letter and it appeared to contain a single line of Coded message:

370HSSV-0773H

Bush was baffled, so he e-mailed it to Condi Rice. Condi and her aides

Had no clue either, so they sent it to the FBI.

No one could solve it at the FBI so it went to the CIA, then to the NSA.

With no clue as to its meaning they eventually asked Robert Mugabe from Zimbabwe for help. Within a minute Mugabe cabled the White House with this reply:-

Tell the President he's holding the message upside down.'

Courtesy of Neville Morris

These glorious insults are from an era before the English language became boiled down to four-letter words.

- A member of Parliament to Disraeli: "Sir, you will either die on the gallows or of some unspeakable disease."
- "That depends, Sir," said Disraeli, "whether I embrace your policies or your mistress."
- "He had delusions of adequacy." - Walter Kerr
- "He has all the virtues I dislike and none of the vices I admire." - Winston Churchill
- "I have never killed a man, but I have read many obituaries with great pleasure." Clarence Darrow
- "He has never been known to use a word that might send a reader to the dictionary." - William Faulkner (about Ernest Hemingway).
- "Thank you for sending me a copy of your book; I'll waste no time reading it." - Moses Hadas
- "I didn't attend the funeral, but I sent a nice letter saying I approved of it." - Mark Twain
- "He has no enemies, but is intensely disliked by his friends." - Oscar Wilde
- "I am enclosing two tickets to the first night of my new play; bring a friend, if you have one." - George Bernard Shaw to Winston Churchill
- "Cannot possibly attend first night, will attend second ... if there is one." - Winston Churchill, in response.
- "I feel so miserable without you; it's almost like having you here." - Stephen Bishop
- "He is a self-made man and worships his creator." - John Bright
- "I've just learned about his illness. Let's hope it's nothing trivial." – Irvin S. Cobb
- "He is not only dull himself; he is the cause of dullness in others." – Samuel Johnson
- "He is simply a shiver looking for a spine to run up." - Paul Keating
- "In order to avoid being called a flirt, she always yielded easily." – Charles, Count Talleyrand
- "He loves nature in spite of what it did to him." - Forrest Tucker
- "Why do you sit there looking like an envelope without any address on it?" - Mark Twain
- "His mother should have thrown him away and kept the stork." - Mae West
- "Some cause happiness wherever they go; others, whenever they go." - Oscar Wilde
- "He uses statistics as a drunken man uses lamp-posts... for support rather than illumination." - Andrew Lang (1844-1912)
- "He has Van Gogh's ear for music." - Billy Wilder
- "I've had a perfectly wonderful evening. But this wasn't it." - Groucho Marx

‘TILL NEXT WEEK.....