

# BAY BREEZES - 7 FEBRUARY 2012

# The Praise Singer's Gazette

When our Sgt starts our weekly Rotary meeting with the exuberant and sincere greetings to everyone and mentioning how special Hout Bay Rotary is I believe there is perhaps a little more than a twinge of pride from many. Today is the 1st of February and the month of February is special it's the month of R.I's birthday and the Charter of our own Club together with birthday celebrations for Natalie, David Heath and Roy.

Last night we held a Community Awards meeting and welcomed Sister Ester Carolus of the Hout Bay Clinic and Julie Banham of Hout Bay Neighbourhood Watch as our awardees and both being supported by close and dear friends. Our mix was completed by a super sprinkling (thank you David) of partners. We also enjoyed the company of Garmt Renkema who has been visiting Fedde, Garmt returns to Holland next week and we wish him a safe journey.

The title Praise Singer is most appropriate for the ongoing message which I used to introduce the awards sector of our programme last night. Patrick will be providing a short story on our two outstanding awardees together with pictures from Peter.

The President of Rotary International spoke the following piece when inducted in 2011. "All of us in Rotary are looking to change the world, for why would we be Rotarians? We believe that our world can be happier, healthier and more peaceful. We believe that the future can and will be better than the past. We are idealists, and we bring our ideals to life through our Rotary service."

In our community of Hout Bay there is a need for people to be happier, to be healthier and more peaceful and most fortunately in our Hout Bay community we have in addition to Rotarians some wonderful, generous, thoughtful and loving individuals that





Rotary International through it Rotary Club in Hout Bay wish to honour for their personal contribution to the community.

The following are the words of Ashley Kaimowitz : "I have learnt that even though there are horrors facing our world, there is good buried within it, evident in those willing to reach out a hand and a heart to help."

And how fitting and applicable those words are as Rotary Hout Bay recognises those willing to reach out a hand and a heart to help the Hout Bay community.

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### PRAISE SINGER CONTINUED

A reminder that the 11th March is the Rotary P n P Argus cycle Tour. Our meeting next week will be a first, our speakers Muriel Hugo and Freda Ochse of the District 9350 Rotary Centre have never been invited to speak at a Rotary Club about their work, Yes of course everyone knows them as they without fail attend District functions, Hout Bay Rotary will honour these ladies by giving them an opportunity to expose the good , bad and ugly that pass thru the Rotary Centre.

Donfelers.



Remember to visit the Neighbourhood Watch website for further details on what is happening the valley and their fellowship events that they have planned - visit: http://www.houtbaywatch.com`

# **Rotary in Action, Events or News**

Our President and a few members of the club represented the Hout Bay club at the mini conference held recently in Somerset West.

The conference was run like a well oiled machine, with time for our president to catch up with other Rotarians from other clubs and share ideas on better serving our communities



Cape Argus

Pickn Pay

CYCLE TOUR

HOSTED BY CAPE TOWN -

AFRICA'S GREATEST CIT

## Programme

7 Feb Muriel and Freda – The District Office

14 Feb Marilyn Thomas - Bridging the Gap Between Gorilla and Man - This meeting is a Ladies night - so please remember to let Mick know for catering purposes if your partner is joining us for this meeting

21 Feb TBC

- 23 Feb Rotary's 107 birthday
- 26 Feb Club Birthday
- 28 Feb TBC

#### **MEALS AND ATTENDANCE**

Please would all members advise Attendance Officer Mick Feuilherade prior to the Tuesday meeting if you will not be attending or not dining or bringing your partner or guests by 5:15pm on Monday at the very latest, Mick's details are:- email: annmick@webafrica.org.za - Cell: 082 550 1654

#### February Birthdays

Neville Morris	5
Roy Graham	5
Natalie Mercer	10
Joyce McLaughtlin	19
David Heath	21

February Anniversaries



#### LOVE

Perfectly Paired Puns As Valentine's Day approached, I tried to think of an unusual gift for my husband. When I discovered that his favorite red-plaid pants had a broken zipper, I thought I had the "perfect Valentine." I had the pants repaired, and giftwrapped them. On the package I put a huge red heart on which I printed: "My Heart Pants for You." I was the surprised one, however, when I saw the same heart taped to our formerly empty, but now overflowing, wood box. On it he had written: "Wood You Be My Valentine?"

Check Out a Romance | met my husband while I was working in a science library. He came in every week to read the latest journals and eventually decided to take out the librarian instead of the books. After a year and a half of dating, he showed up at the library and started rummaging through my desk. I asked what he was looking for, but he didn't answer. Finally he unearthed one of the rubber stamps I used to identify reference books. "Since I couldn't find the right engagement ring," he said, "this will have to do," and he firmly stamped my hand. Across my knuckles, in capital letters, it read "NOT FOR CIRCULATION."

**Pastoral Passion** The lingerie store where my aunt works was crowded with shoppers selecting Valentine's Day gifts for their wives. A young businessman came to the register with a lacy black negligee. My aunt noticed that the next customer, an elderly farmer, was holding a long flannel nightgown and kept glancing at the younger man's sexier choice. When it was his turn, the farmer placed the nightgown on the counter. "Would you have anything in black flannel?" He asked.

### Comment - Assistance with Bay Breezes required

It is worthy and fascinating to hear the compliments for our Editor and her publication. Sadly there is a dearth of contributions which makes her task a challenge, but let me however thank those few who make the effort to provide script for Bay Breezes.

Each of the suburbs of Cape Town have a local newspaper which comes to residents at no cost but sadly it appears these publications are not read that well. At the beginning of this Rotary year an appeal was made for more local news to be commented on and indeed written on for our newsletter, it was probably going to be a "cut and paste" but at least our Editor would have some material to review use or reject.

The wonders of the computer come to the fore and in particular the "spell and check" facility. Amongst us we have, and we exclude those already recognised for their contributions, journalists, authors, mentors, etc who surely could spend a little time on preparation of a submission to the Editor of Bay Breezes.

Our local newspaper in recent editions has made mention of the Rotary Exchange programme, of libraries at schools and most interestingly on mentorship. Surely amongst us someone could have penned a short comment, an encouragement or even an offer to assist.

Rotary is not just a Board of Directors, a great Sgt, and an equally talented Editor its a group of fellow thinking members who through their membership of Rotary International apply the ideal of service to their personal, business and community life.

### COMMUNITY AWARDS WINNER : SISTER ESTHER CAROLUS - PP Patrick McLaughlin

Esther Carolus qualified as a general nurse and by 1983, she quickly moved on to become a midwife at the Peninsular maternity hospital. In 1984, she returned to the ICU at Groote Schuur but then made the big change – out of straight nursing in a hospital unit into the family planning division of the City's department of health.

For Esther Carolus this meant real contact work, meeting and caring for families in the community. And she has done this ever since and by 1994, ten years later, she was a community nursing sister at Grassy Park, a big responsibility. In 2000, the same year as Operation Medical Hope started, Esther arrived at Hout Bay Main Rd as a Clinic Facility Manager – the boss lady.

She admits that she was very reluctant to come to our valley at the time, it seemed a backwater, over the hill and miles away from anything she was used to. However, Esther soon realised, she told me, that if she was going to be negative about the transfer, this would soon rub off on the team she was supposed to lead here.

Meanwhile, IY grew and grew and grew. So did the pressures and the work load. But leading a team is what Esther is good at and what Operation Medical Hope has come to appreciate.

Once she told me that here in Hout Bay, she was dealing with a whole community, like IY, not just dealing with one or two patients in an ICU. Here in the valley, she feels, she can make a difference, still driving in everyday as she does from the other side of Wynberg through the heavy traffic.





Sister Esther Carolus is an extra-ordinary person, making an extra-ordinary contribution to the Hout Bay community and deserves recognition by Rotary..... if only for that greatest of all Rotary objectives - Service above Self.