

Rotary Club of Hout Bay



Bay Breezes



issue 67. 23rd Feb 2014

LAST TUESDAY

David Heath was our Sergeant at Arms and opened with thanks to Colin Sutherland for helping out with a small technical hitch. No laptop as requested by our guest speaker.

As immediate past president yours truly [editor] stood in as President in the absence of Pres John who is somewhere the other side of the globe.

Forgive me if I don't get all of the guests names in but I scribbled down John Searle, John Connor and Margrite, Harold Allsop and Ken Hardy.

Neville Morris was welcomed and although he managed to make it through most of the meeting he had to retire early. His health is gradually getting back but it will be a slow process as he has said.

SPOTS

Rainer Jahn

The first was from Rainer Jahn who, as many of us will know, is one of the club's biggest benefactors and often digs deep into his pocket for charitable causes. The Philippine disaster recently was no exception and while the club donated one shelter box he personally donated a second.

Rainer's point was that, given the unfolding humanitarian disaster, time was of the essence and six to eight weeks later he still had no information as to what had happened with the shelter box. Rotary International had failed miserably and Rainer is determined that any further donations and assistance he offers will be direct through this club or Coolamon but not RI.

Guest John Connor has specific knowledge of how the Shelter Box program works and he, together with Don Peters [separately] assured Rainer that the shelter box assistance was sent. However, what happens is that RI has a stockpile and immediately sends out the boxes. What we and Rainer donated added to the stockpile.

I don't think the explanation ameliorated Rainer's disappointment. Nor would it mine. Paarl RC and RI have fallen down badly. After all, if any one individual had made a donation of even second hand clothes or dolls to a local cause, he or she is entitled to a "thank you". With Rainer's case [and ours] it was a life-giving donation in respect of which not a sausage was heard back.

I know that Don and Colin Sutherland have taken this up with District I expect that there will be some feedback on this to report in early course.

Ria Gibb

Ria's daughter has collected 30 to 40 soft toys which she will donate to Ashley at All Out Africa and Ikhyala le Themba.

Peter Dutton [editor]

I stood to address what I termed "the elephant in the room"

There were not many members present but I hope the message gets through from those who were, and through this edition of Bay Breezes. We are still without a president elect to follow John Routley in July. We lurch through this every year it seems and last year was no exception. We must have this sorted out now if only to save the embarrassment of ducking the question continually from District and RI.

In an effort to ease up the situation for the future I have committed to the position of president elect to John's successor. So, that means that once we have an incumbent president elect we have no worries for the next two years. I shall be following on. As Immediate Past President I am not going to step straight back in but I will follow on the next year.

So, now that I have stepped forward I would prefer not to see the rest of the eligible club members stepping back or shuffling around with heads bowed.

SPEAKER LAST TUESDAY

Our speaker was our own Asst Distr Gov Gavin Schachat who was introduced by Don Peters.

Gavin has a business history in retail clothing and has been a member of Seapoint Rotary since 2007. He was President of the club in 2010 and, as mentioned, is our current ADG.

He is an enthusiastic supporter of Nonceba and founded the Aletha crèche.

Gavin is the local organiser of the Youth Exchange Program and hosted young Kevin from Columbia who so recently and so tragically lost his mother who was 38 years old.

Gavin spoke to us about the ripple effect of Youth Exchange Program and how it extends well beyond the boundaries of the immediate families involved. For his part, the strength of his association with his own exchange student guest in 2010, Jakko from Finland, was such that he was invited to Jakko's wedding to Ulrikka in Turku, Finland on 21st December just past.

Gavin's talk was accompanied by a slide show of Finnish culture and countryside [invariably deep snow] and encompassed not just Turku but Pyha in Lapland, husky rides and reindeer. With plenty of history and local demographics this was as educational as it was visually enthralling. Certainly a trip of a lifetime and we thank you for sharing it with us.

Interestingly, Jakko in his short time with Gavin here in 2010 qualified as a Rugby referee. This is not a game of great numerical support in Finland but he has gone back and started to grow the sport there. Rugby in a metre of snow really must be worth watching.

Jakko's father now helps reform prisoners with music therapy. As a past member of the Nordoff Robbins trust in the UK, which does the same for disabled children, I know the value of this.

Thanks was given by Terry Edrid



THIS COMING TUESDAY

Butch will be giving us a talk on the South African wine industry. Word is that he will be distributing copious quantities of free samples.

My source might be wrong on that but there is only one way of being sure. Be there.



Hi Peter ,

Did a make-up at R C of St. Marylebone ,today, at the New Cavendish Club , Great Cumberland Place, off Oxford Street.

President : John Bash

Club of sometimes visitor Peter German.

Pres John Routley

UPCOMING EVENTS AND ATTRACTIONS

Tuesday 25th February

Butch speaking on the South Africa wine industry

Tuesday 4th March

Keith Bull leading discussion on RAGES and John Glassford's work out of Coolamon Club

Sunday 9th March

Argus Cycle tour

Tuesday 18th March

Unveiling ceremony at the Clubhouse in honour of Ashley Kaimowitz

Friday 11th April

Mick Feuilherade memorial golf day

Saturday 19th April

Two Oceans ultra marathon

1st to 3rd May

District 9350 conference in Knysna

HEADS UP TO "CHILLI" BUTCH

While chatting to Gavin Schachat last Tuesday he mentioned a very successful club visit to a chilli farm in Tierfontein near Malmesbury. It's the farm of the brother one of his club members Stanley Abramson. Maybe we could arrange a visit ourselves.

Hout Bay Rotary Meeting - March 18th

All members will be aware of the display case at the entrance to our Club room that contains Ashley's Rotary exchange jacket. We have always planned that there should be some occasion to celebrate Ashley's life and to unveil if that is right term the display cabinet. Our planning is that we will show the 12 minute DVD which tells Ashley's story of involvement with the Nonceba Centre and have a number of short addresses.

The District Governor and Pat will be attending and invitations have been sent to PDG Medcalfe Fick who was the DG who actually gave the jacket to Ashley; also invited is PDG Rodney Mazinter who was Chairman of the Ashley Kaimowitz Memorial Fund and our AG Gavin. Jeffrey and Megan Kaimowitz, Ashley's parents together with Alma Dickie, Ashley's Granmother and Kelly, Ashley's sister, will be attending. Invitations are being extended to the Presidents of the four other Clubs that joined Hout Bay in establishing the Memorial Fund. The Trustees of the Nonceba Centre and some other guests will also be invited.

The meeting will follow its normal format with the welcome and explanation of the proceedings from David, I will assist David with the introductions. President John will more formally welcome everyone. Grace and toasts and to include a toast to Ashley. As the number will make a sit down dinner difficult we will be serving snacks and sandwiches.

This will be followed by the 12 minute DVD, and a short address by PDG Rodney Mazinter and PDG Medcalf Fick; the DG will then be asked to say a few words acknowledging Mr Jeffrey Kaimowitz who organised the display cabinet, thanking PP Butch Liebenberg whose carpentry skills came to the fore when positioning the cabinet and to the Ashley Kaimowitz Memorial Fund that covered the costs. Thereafter the DG together with Kelly Kaimowitz will cut the ceremonial ribbon.

David will then officially close the meeting with the Four Way Test and invite all to stay for fellowship.

The following day, the 19th March, is the anniversary of the tragic passing of Ashley in 2005

RECOGNITION AS PART OF THE ROTARY ETHOS - *Don Peters*

How easy it is to fulfil the Rotary motto, 'Service above self' and how often perhaps we are misjudged, that team spirit and willingness to help, be involved and contribute to a cause championed by another. We recognise and acknowledge the spirit of giving that our fellow members so generously give.

As I have organised the marshals for the Annual Cycle Tour for some years and as Terry has done likewise with the Two Oceans Marathon, we are ever reminded of this thoughtful and giving approach by all Hout Bay Rotarian to assist.

This year we are to introduce some changes recognising that none of us are getting any younger, well physically that is mainly, by bringing in another community to help as marshals. Our plan has the approval of both the Two Oceans Marathon organisers, the Cycle Trust and Newlands Rotary who organise manpower for the latter event.

The original idea emanated from the Two Oceans Marathon organisers who recognised that the majority of the runners in their event were black African and the majority of the marshals were white African. Their plan was to reward the 'new' marshals and still honour their commitment to the Rotary Club for their input. We viewed this approach as a win win one.

Obviously the most important aspect is that of training and the need for a mentorship programme or indeed a more simple explanation a 'one on one' situation. It is this aspect that relies on the spirit of giving that I mentioned in the first paragraph but one that I have no doubt will be met with your total support.

We have been most fortunate to have had assistance from Ashley Newell who has introduced us to the leaders of a potential team of twenty marshals from IY. Our meetings with Ashley and the two leaders has been positive and a team is in place, not just because they are to be paid an allowance but because there will be a contribution to a community project that all in IY will benefit from. The route has been surveyed for the Two Oceans Marathon, the unpleasant aspects of impatient drivers and residents identified and the need for more support of the runners by all resident in IY.

As a help in building some new friendships between Rotarians and the IY marshal team the Cycle Tour organisers and Newland RC have agreed to us using the team at this years Cycle Tour. Of course there is a difference but the use of the flag, the encouragement to those competing and dealing with motorists. More importantly being able to communicate with the many from IY that can only shop on race days and need to cross the path of races. There has to be a huge benefit to all with the use of the vernacular by the IY marshal team to their fellow community members. So on March 9th we will be joined by the twenty strong IY Team only in the area from the Chapmans Peak Hotel to the Princess/Main Road circle, with some possible other areas like the refreshment station on Princess.

This initial contact will allow us to communicate with each other. Each member of Rotary and of the IY Team will have a self adhesive label with a name and number. The report back process will be very important and I will invite the leaders to join us at the meeting following the Argus Cycle Tour and the Two Oceans Marathon.

May I reiterate the aspects of fund raising, firstly in respect of the Two Oceans marathon, each IY Team member will be paid R50 for the Argus day and R100 for the Two Oceans day. This will not in any way affect the remuneration to the Club which will again be increased this year. In addition the Two Oceans Marathon organisers will make a further donation to an identified IY community project. The Cycle Tour having agreed and recognised this new initiative from the Hout Bay Rotary Club will pay additional monies for the cost of the IY Team. I am sure, because I will assist with publicity of our initiative that the Claremont RC and the Pedal Power Association will come to the party and add to the rewards.

There is hopefully a further opportunity that Pedal Power will assist in creating a cycling club in IY and the Two Oceans Marathon Organisers will look at assisting IY runners to be part of the Hout Bay Harriers running Club both being great initiatives to combine sporting activities between the differing communities. I am ever mindful of the "third" community, Hangberg. Our Club some years back obtained from the Cycle Trust 20 bikes and equipment for the Hout Bay High School together with free entry for three years. The initial enthusiasm has diminished and I have been left with a "give me more" situation without any reciprocity. The need for success with the current initiative hopefully will result in a wake up in Hangberg.

The long term view of this initiative must be that our Rotary Club will be able to have access to a group of IY residents to help with future fund raising exercises.

G ' day

Welcome to all our new members thanks for joining us. We are now 110 strong!

We are getting a few new members daily now. The latest have been as a result of PDG Barry Smith RC Sandy Springs Atlanta after his talk on RAGES this week. PDG Barry talked to a joint meeting of Sandy Springs and Emory Druid Hills in Atlanta.

I am also advised that the RC of Hout Bay in Cape Town has also had a talk on RAGES. A great start all round and well done.

I will not inundate you with email however if something important comes up then I would like to alert you to that news. This week we have heard of the results of the Elephant Count in the Tsavo National Park in Kenya.

[Elephant Count Tsavo Kenya](#)

Keep an eye on our RAGES web site and also our two Facebook pages. I will endeavour to have new stories up on the web site as often as I have interesting news and lately that seems every day. So scroll down the front page and feel free to send me stories, ideas and photos and I will publish them if suitable.

Yours in Rotary

John Glassford

Chair 2013 -2014

Proposed RAG for Endangered Species

Rotary Club of Coolamon District 9700

New South Wales, Australia

RAG Endangered Species

Mount Kenya 2015 ANZAC Day



THE MICK FEUILHERADE GOLF DAY

FRIDAY 11 APRIL 2014
WESTLAKE GOLF CLUB

Format: Four Ball Alliance

Max handicap: Men 24, Women 36; full allowance

Lots of prizes to be won: Golf and Raffle prizes

Putting Green Competition plus prizes

INTERESTED IN:

More information? - teldrid@btinternet.com

Hole sponsorship (R500/hole)? - liebenbergb@icon.co.za

Prize donations? - damarw@mweb.co.za



Convened by
the Rotary
Club of Hout
Bay



MICK FEUILHERADE 1939-2012

'Mick was a special Rotarian and a special human being. Always ready to step in where needed and looking out for the less fortunate in our community. Not a Rotarian in name only but a solid and dependable contributor of his time and experience.' P Dutton

Cost: R1600 per four ball
(R400pp)

PAYMENT DETAILS

Rotary Club of Hout Bay
FNB
Branch 204009
Account no. 53452281009

Please mark
payment with
GOLF and one
name of the four
ball

**ROTARY DISTRICT 9350 CONFERENCE 2014
HOSTED BY THE ROTARY CLUB OF KNYSNA**

**DISTRICT 9350 CONFERENCE Thursday 1st May to
Saturday 3rd May 2014**

To register follow the link to [www.knysnarotary.co.za/
districtconference](http://www.knysnarotary.co.za/districtconference)

IMPORTANT

You will only receive email confirmation of your application once payment has been received by the Rotary Club of Knysna.

Conference Coordinator
John Satchel
johnsatchel@gmail.com
082 921 2362

Conference Registration
Elwin Thompson
elina@mweb.co.za
082 820 8491



**NEVILLE MORRIS
HAS FOUND A
NEW DOCTOR**

G ' day

I posted a story on orphans for orphans to my Facebook page and have had a few enquiries and a question.

Q. Has Rotary International approved our RAGES Group. The answer is not as yet and the application has been sent back to the Rotarian Action Group Committee for another assessment. If they are happy with it they will send it to the RI Board Meeting in May.

Q. Orphans for Orphans has created a lot of interest and it is possibly a great way for Rotary Clubs and RAGES once approved to help the orphans of the David Sheldrick Wildlife Trust and at the same time help the orphans of Nairobi of which there are many thousands, many.

[Story Here](#)

To help you with understanding this project I have attached a video made by Michael North Photographics. The video is a wee bit long but the footage is excellent after the talk by Dame Daphne Michael shows his wonderful photos of elephants that he has taken, simply stunning and makes one determined to see that they survive in the wild. I hope you can invest the time to watch this video right through.

<http://youtu.be/9e1fFO9zRs>

Thanks and have a great weekend.

Yours in Rotary
John Glassford
Chair 2013 -2014
Proposed RAG for Endangered Species
Rotary Club of Coolamon District 9700
New South Wales, Australia

RAG Endangered Species

Mount Kenya 2015 ANZAC Day

Coolamon Rotary Club

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that it.. Don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer; it like saying you extend life of car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: Oh no. Wine made from fruit. Brandy distilled wine, that mean they take water out of fruity bit so you get even more of goodness that way. Beer also made of grain. Bottom up!

Q: How can I calculate my body / fat ratio?

A: Well, if you have body and you have fat, your ratio one to one. If have two body, your ratio two to one.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of single one, sorry. My philosophy: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetable be bad?

Q : Will sit-ups help prevent me from getting a little soft around the middle?

A: Oh no! When you exercise muscle, it get bigger. Should only be doing sit-up if want bigger stomach.

Q: Is chocolate bad for me?

A: You crazy?!? HEL-LO-O!! Cocoa bean! Also vegetable! Best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for figure, explain whale to me.

Q: Is getting in shape important for lifestyle?

A: Hey! 'Round' is shape!

Well...hope this cleared up any misconceptions you may have had about food and diets.

And remember:

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Chardonnay in one hand - Chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride!!"