



ROTARY CLUB OF NAIROBI

RAINBOW NEWS

"Reach within to embrace humanity"



ISSUE No: 15- 2011/2012

President's Desk



President Sally Gitoho

Happy New Year!

Let us welcome 2012 as a year of promise; promise to serve and reach out to those who we pledged to serve.

When we say service above self what exactly do we mean? We have so much to serve with as we are richly blessed with resources; time, talent, health, family of Rotary etc. As we step up to serve, let us remember that being a Rotarian is a singular decision and we should not be discouraged by what our fellow Rotarians are doing or not doing. The question is am I doing what I pledged to do and is it good enough, is it really service above self. There is so much to do in Rotary but sometimes we focus on narrowly on the committees and avenues of service that we were assigned to and therefore not utilizing our full potential to serve.

As Rotarians we should be active in all projects and activities regardless of the committee and avenue of service. We should not count how many meetings one has attended or how many projects one has been involved in. This is simply because 'service above self' is not measurable.

We should serve Rotary with passion, passion that brings out our best talent. You can never exhaust the passion in you to serve, it actually grows as much as you use it. When we serve we learn and in learning we grow and become better Rotarians and great people.

January is Rotary Awareness Month. To serve one must be aware. So I challenge us all to learn what Rotary is about and live it.

My fellow Rotarians, in 2012 let us serve without counting, let us serve as if the success of each and every project depends on me.

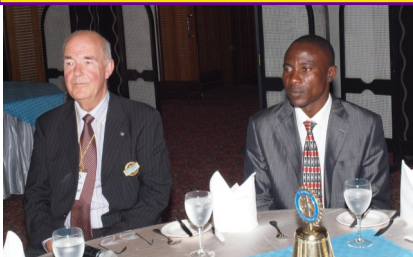
Let 2012 be the year of distinction; the year I became a true Rotarian!



We congratulate Rtn. Kanu Devani who received the Head of State Commendation (HSC) on 12th December 2011.

5th January 2012

Visiting Rotarians and Guests of Rotarians



Rtn. Michael Fairhead and guest Duncan Mahangilu



Guests Cecelia Miako and Judy Kinyanjui



PDG Yusuf, guest John Masaba and Rtn. Christian

Guest Speaker; Jamilla Harper

Jamilla Harper is a full time Student at the Institute of Development studies at the University of Nairobi through the Rotary Foundation's Ambassadorial Scholarship.



Jamilla is from the United States, She graduated in 2008 with B.A in corporate Communication and B.A in Spanish degrees. Following her graduation she worked at a community development corporation in Charleston, South Carolina where she worked in urban communities addressing youth development, housing development and economic development through grant writing, volunteer coordination, marketing and event planning & coordination.

Her interest to study in Kenya began four years ago when she volunteered with a Children's home in Kitui County. She was also seeking high quality education and the desire to grow as a person.

'The Rotary Ambassadorial Scholarships program promotes international understanding and friendly relations among people of different parts of the world.

The scholarships sponsor undergraduate and graduate students, as well as qualified professionals pursuing vocational studies. While abroad, scholars serve as goodwill ambassadors to the country where they study and give presentations about their own culture to Rotary clubs and other groups. Back home, scholars share with Rotarians and others the experiences that deepened their understanding of another culture.

Through their generous contributions, Rotarians worldwide show a continued faith that today's scholars will be tomorrow's community and world leaders.'

ABC OF ROTARY Did you Know?

January is Rotary Awareness Month!

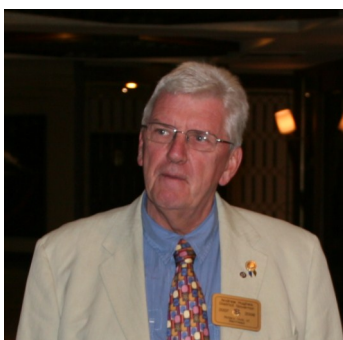
The month of January aims at laying emphasis on the importance of Rotary information to club members and awareness of Rotary in the community. It is a great time to make sure your community knows who you are and what you do.

Celebrate Rotary Awareness Month by training members on Rotary history, programs, or how to raise awareness of your club's projects among your community. Or, ask members to share a personal story or experience that they have had because of Rotary. Every Rotarian has a Rotary story that can be educational and inspiring. The beginning of a new year is a good opportunity to renew inspiration for the rest of the Rotary year.

-- RI Website

12th January 2012

PDG Andrew Hughes, also Chairman for the International Resource Group, Rotary International UK/Ireland visited RCN and talked to us about the work Africa Sand Dam Foundation is doing for the local communities at Mito Andei.



Guest Speaker: PDG Andrew Hughes, Rotary Club of Barrhead, Scotland

With the help of the local communities the organization is putting up dams in sections of the river with high seasonal flow. The water collects behind these dams during the rainy season and brings with it tonnes of sand silt which then filters the water and the people get clean water supply all year round.



President Sally with guests PDG Andrew, PP Kevin, Joe Kioko of Africa Sand dam foundation and Justus Marete.

The sand dam project has been running for 18 months now and the organization has been able to put up 20 dams, they plan to put up 45 dams in the next 2 years.

The communities are using this water for irrigation as well. The organization funds their agricultural activities like tree planting, growing fresh vegetables, fruits etc. by providing farmers with seedling.



Carl Henn with David Hastie and Barrack Muluka

The foundation supports the local communities by facilitating employment of qualified personnel. BSC in agriculture graduates educate the communities on proper water use and about the seeds.

Africa sand dam foundation is looking for Rotary clubs in the country to partner with in this great cause.

Welcome back Rotarians who have been away;



Rotarians Flavian Mwangi and Simeon Macharia

Visiting Rotarians and Guests of Rotarians



Rotarians Michael Ogang of RC Kampala and Dan Poenaru of RC Hamilton Canada. (formerly of RCN)

Announcements

Splash for Polio and be part of a world record



•The Rotary **SWIMARATHON** will be held on the **25th of February 2012** at the University of Nairobi Swimming pool in the afternoon. See details overleaf.

•The **District Conference and Assembly** 19th to 23rd April in Nairobi at the KICC.

•The **RI convention** 6th to 9th May Bangkok, Thailand
Have you registered?



We meet every Thursday 12.30 to 2.00pm at the Laico Regency Hotel.

The Rainbow News team appreciates your feedback and kind compliments.

We thank you for visiting us :

5th January 2012:

Cecilia Miako-- Patton State Hospital, California USA
Duncan Mahangilu-- HWBI
Mr. Masaba-- ABC Bank
Judy Kinyanjui-- APA
Carsten Bauer-- RC Lindau, Canada

12th January:

PDG Andrew Hughes, RC Barrhead
P.P Kevin Pitt-- RC Harlow TYE, U.K
Martin Ogang-Kampala
Dan Poenaru-- RC Hamilton Canada
Huma Kaseu-RCNC
John Masaba-- ABC Bank
Joe Kioko-Africa Sand Dam Foundation
Justus Marete-- Bethany Kids
Wairimu Muthui-- Muthui Enterprises
Carl Henn-- RTI
Duncan Mahangilu-HWBI
Damaris Kiarie Business person

The Rotary Club of Nairobi invites

you

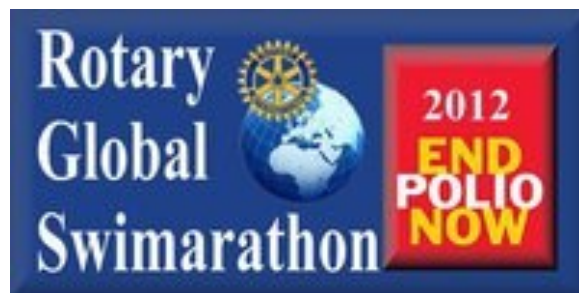
JOIN The Rotary Global Swimarathon

TO SWIM 100 meters

**FOR A GUINNESS WORLD RECORD
 and**

TO RAISE FUNDS TO END POLIO NOW

ON 25th February 2012 from 3-4 pm E.A.T.



We are proud to inform you that the Rotary Club of Nairobi will participate in a global effort to set a World Record – for the most people swimming 100 meters in one hour. This event is also a fundraiser for the Rotary International Polio Eradication Campaign. We would like your sports club to join us. Each club is asked to form one or more teams of 5 to 10 people to swim 100 meters each.

WHAT CAN YOU DO, HOW CAN YOU CONTRIBUTE AND PARTICIPATE?

- ♦ By putting together a team! Each person must swim 100 meters at the Nairobi University swimming pool between 3 - 4 pm on 25th February 2012.
- ♦ By getting sponsors from family, friends, colleagues, and companies to raise funds to help eradicate POLIO in Kenya and around the world.
- ♦ Who can participate? Adults and children aged 10 years and above who can swim 100 meters. (The pool will be open to all before and after the marathon)

Come, join us on February 25, 2012 and **become a World Record holder!** We will have prizes for the teams that provide the most swimmers or who raise the most money to fight polio.

Please come participate and show us your club spirit. Rotarians will be there to welcome you and refreshments will be available.

To join us, or for further details, please email rcnswim@gmail.com for details and help us make as big a SPLASH as possible!

20 January 2012



Greetings!

As you know, after 25 years of hard work, Rotary International, local Rotary Clubs, and their partners are on the brink of eradicating polio, a crippling disease. As long as polio threatens even one child anywhere in the world, children everywhere remain at risk.

We invite our fellow Rotary Clubs in the Nairobi area to help sponsor this global event as well as participate in setting a new Guinness World Record. Imagine: Your Rotary club will join thousands of swimmers from 6 continents, all swimming together at the same exact time to raise funds for the Rotary International Polio Eradication Campaign.

This important Rotary event, originated by the Rotary Club of Grantham, England, will take place on 25 February 2012 at the Nairobi University pool. Sponsored teams of swimmers will each complete a 100 meter continuous swim between 3 and 4 p.m. E.A.T.

To make this happen and help conquer polio we need all Rotary Clubs in the Nairobi area to help. Join our club, which will field a team of 10 or more, and please field a swim team.

Towards raising funds for Polio, we have the following categories of sponsorship:

Event Sponsor Kshs 1,000,000

Platinum KShs 500,000 Silver Kshs 100,000

Gold Kshs 200,000 Bronze Kshs 50,000

Each Rotary Club and its sponsors will receive recognition commensurate with their contribution. We will be happy to follow up with details for each sponsor category.

We are delighted to advise that the National Amateur Swimming Association (NASA) is teaming up with us to provide their professional advice and support for this event.

Please support us and join us for this global event.

Yours in Rotary,

Salome Gitoho (Sally)
President
Rotary Club of Nairobi