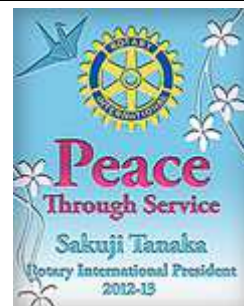




ROTA-BITS



SERVICE ABOVE SELF

VOL. 14, NO. 7 * August 16, 2012 * EDITOR: * DOUG GROSE*

August is Membership and
Extension Month in the Rotary
International Calendar

LAST MEETING

Reported by Mary Ann Blakeley

Guests: T. R. Hach was accompanied by his beautiful and charming daughter, Chloe. T.R. also brought Wes Morgan of New York Life as his guest to this meeting. We were further graced with the presence of the lovely and always-a-pleasure-to-have-with-us Joan Estadt, guest of her husband Gary Estadt. And our esteemed President Tom Hough brought with him two very special and equally impressive guests- his son Daniel and his wife, Felicia.

Rotabuck: the exceedingly talented Daniel Hough brilliantly pulled out his mom, Felicia's ticket. And Felicia diplomatically selected a card other than the Queen.

Announcements: President Hough confirmed that a person has been secured to take over administration of the website. Look for updates and more information on our website soon.

August 23 is the date for the club's Beach Party at Nancy Sanden's house. Several volunteers are still needed to help set up before the party and several other volunteers are needed to tear down tables at the end of the evening.

August 16 meeting is designated for Club Assembly. Bread Day is scheduled for September 15, 16 and 17. Several members are working to secure Bone Marrow Drives at Lakeland Community College and Lake Erie College.

Presentation: The club is particularly grateful to this meeting's presenter, our own Thom Sivo, for his stepping up to the plate with less than a full day's notice. The originally scheduled speaker could not make it, and Thom admirably provided a very well done, informative, and interesting session on the work and advancements happening at the Hospice for the Western Reserve.



Thom Sivo tells his fellow Rotarians what Hospice is really all about. Photo by Dan Welker.

Thom serves in the Community Relations area for this local Hospice and his experience and skill and *passion* for the entity was evident throughout what he shared with our Club membership. His background as a professional photographer made the presentation, and its simultaneous slide show, all the more unique and interesting for us.

One of the first awareness-building messages we heard was that it's a misconception to believe that hospice care is unified nationwide. The for-profit institutions have grown

in numbers in recent years, and these may employ alternative philosophies and practices than the not-for-profits that have been engaged in providing care and services for decades. There are about 4,700 hospices, offering care for more than 1.4 million patients. In northeast Ohio (which includes counties from Lorain to the west, the Pennsylvania border to the east, and Summit County to the south) there are currently 1,200 patients in hospice, and 600 patients in what is known as the Navigator Program.

The concept of hospice was first invented by Dr. Sanders in London in 1966. "Hospice" is the Latin version of "hospitality." Dr. Sanders brought the concept of hospice care to the United States in 1974 in the community of New Haven, Connecticut. The first hospice of northeast Ohio, The Hospice for the Western Reserve, was born 34 years ago. At that time there were a handful of people taking care of cancer patients. Today there are approximately 1,000 staff members and 1,800 volunteers caring for people suffering with any type of life-limiting disease. There are about 50 hospice organizations in Northeast Ohio.

"Hospice" is not a place or facility, but a way of thinking, including holistic care and pain management. The concept is dedicated to allowing one's life to be lived to the fullest within the diagnosis of having a life-limiting disease.

The free-standing hospice center, David Simpson Hospice House, overlooks Lake Erie at the northernmost end of East 185th Street in Cleveland. Mr. Sivo encouraged us to stop by the House, especially to walk through the gardens and get a feel for the beauty and peacefulness inspired by the location and its facilities. The Ames Family Hospice House opened up in

Westlake just this past July. You'll find it at Crocker Bassett, but the landscape architecture gently tucks it away from stark street view. There too is a pond and garden and state of the art facility. The building itself is as close to being 100% "green" as you can get. Patients and their families can use advanced technology to visit with someone in another part of the world through "skype-like" communications and flat screens displaying all parties present for the conversation and visit.

Thom featured a few of the programs offered through Hospice for the Western Reserve. "A Meal to Remember" was the brainchild of the recently new CEO, Bill Finn. Patients and their families gather together to enjoy sumptuous gourmet feasts created by renowned chefs from some of the premier eateries in the area. "Expressive Therapies" bring art and music into the patients lives in uplifting ways. A team of qualified art and music therapists learn about patients needs and wishes in a variety of caring ways and fill those needs and act on what is important to patients. "Peaceful and Proud" is a national initiative for Hospice to recognize the needs of veterans and honor their service in ways that are particularly meaningful to those men and women vets. "Life Enrichment" is one program that sets the Hospice for the Western Reserve apart. It's their version of the "Make-A-Wish" program. A patient might simply make a comment to a care-giver or volunteer and once the wish or hope or desire is shared, the staff goes all out to fulfill it. An opening season Brown's game came to fruition with all the trimmings for one patient; a trip to the Horseshoe Casino was made possible for another; a specifically designed Classic Car Show came to being for another patient, complete with his own classic car on display; and renewal of marriage vows to include a photographer (absent the first time around.) With over 2,800 staff members and volunteers, there are so many excellent connections to people of influence in the northeast Ohio community, there doesn't seem to be very many wishes that won't get fulfilled.

The Hospice of the Western Reserve has a "sister" institution in

South Africa, giving the two hospices the opportunity to share best practices and information. Thom had the pleasure of traveling to South Africa in one of his very first assignments as a member of the Western Reserve staff. He photographed the coming together of the organizations, to include recording the vesting in the South African parliament.

Thom concluded by sharing some thought-provoking statistics. People who go into hospice care tend to live 30 days longer than someone who does not. Further, he noted that the receipt of Medicare funding requires a spiritual component be offered to the hospice patient. It can be declined, but the offering has to be there. This and every other decision is completely up to the patient and his and her family. In addition, the Hospice of the Western Reserve is one of the only hospices with a dedicated pediatric team to specifically meet the needs of children.

JOCOE'S JOURNAL

PERFORMANCE REVIEW TERMS

Outgoing Personality: Always going out of the office

Great Presentation Skills: Bull thrower

Good Communication Skills: Spends lots of time on phone

Average Employee: Not too bright

Exceptionally Well Qualified: Made no major blunders yet

Work is First Priority: Too ugly to get a date

Active Socially: Drinks a lot

Family is Active Socially: Spouse drinks too

Independent Worker: Nobody knows what he/she does

Quick Thinking: Offers plausible excuses

Careful Thinker: Won't make a decision

Aggressive: Obnoxious

Uses Logic on Difficult Jobs: Gets someone else to do it

Expresses Himself Well: Speaks English

Meticulous Attention to Detail: A nit picker

Has Leadership Qualities: Is tall or has a loud voice

Exceptionally Good Judgment: Lucky

Keen Sense of Humour: Knows a lot of dirty jokes

Career Minded: Back stabber

Loyal: Can't get a job anywhere else

UPCOMING EVENTS

August 15 - Board Meeting at Panera's Bread, 7:30AM

August 16 - Club Assembly

August 23 - **Evening** Beach Party at Nancy Sanden's. No lunch meeting.

August 30 - Chloe Kapostasy, our RYLA graduate.

August 31 - District Night at the Indians Game

September 6 - **Dr. Jorge Garcia** re skin cancer.

September 10 - First Woodworking at Broadmoor for the new school year.

September 13 - Maureen Kelly, Lake County Clerk of Courts

September 15 through 17 - Bread Day - Making, bagging and delivering bread.

September 19 - Board Meeting at Panera's Bread, 7:30AM

September 20 - Karen McLeod from Extended Housing

September 23 - IBIM Run

September 27 - Dr. Morledge or Nancy Tozer from Revati Wellness

BIRTHDAYS

August 2 - Tim Blankenship

August 8 - Ed Peltz

August 9 – Curt Jones
August 20 – Wayne Brodnan
August 27 – Jim Sippola
August 31 – Bob Wigton

If I have missed anyone, please call
257-9827 or email

d.grose@sbcglobal.net

THE 4-WAY TEST

Of the things we think, say or do...
Is it the Truth?

Is it Fair to all concerned?

Will it build Goodwill and Better
Friendships?

Will it be Beneficial to all concerned?

OFFICERS

MENTOR ROTARY CLUB

2011\2012

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Tom Hough PHF

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Vice President

Amy Kapostasy

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OUR MAILING ADDRESS

PO Box 1177
Mentor, OH 44061-1177

OUR WEB SITE

www.mentor-rotary.org/

ROTARY INTERNATIONAL

www.rotary.org

MEETING MAKE-UPS

Following are a few nearby Rotary
Club meeting sites and times for
makeups;

MONDAY

Willoughby at Gavi's, 12:00 PM

TUESDAY

Painesville at Hellreigel's Inn at
12:00 Noon.

WEDNESDAY

Burton-Middlefield at Welshfield Inn
Banquet Hall, 14001 Main Market
Rd., Burton, at 7:00PM

Cleveland East at Nighttown

Restaurant 12387 Cedar Road
Cleveland Hts. At Noon.

THURSDAY

Cleveland at Windows on the River
in the Flats, Bridge View Room,
Third Floor, Windows on the River,
Powerhouse. Nautica Entertainment
Complex, 2000 Sycamore at 12:00

FRIDAY

Chagrin Highlands (Beachwood
area): at Mitchell's Fish Market,
28601 Chagrin Blvd., Woodmere (at
Eton Square).

WHERE WE MEET

LaMalfa Center,
5783 Heisley Road,
Mentor, Ohio
Thursday at 12 Noon