THE BIDGEE

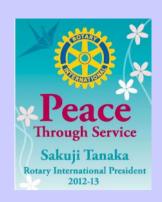
The Bulletin of the Rotary Club of South Wagga Wagga (Inc) District 9700 - NSW, Australia

President: Tony Crawford Secretary: Lindsay Wilson

District Governor: Greg Brown

Rotary International President: Sakuji Tanaka

Bulletin #398



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Monday 17th June, 2013

Welcome: PRESIDENT TONY CRAWFORD - welcomes all, and guest speaker Dawn Tindall

International Toast: JOHN RORRISON - Tonight's International Toast is The Rotary Club of Nogoya Japan.

Nogoya is the largest city in the Chubu region of Japan. It is the third largest incorporated city and fourth most populous in Japan. Located on the Pacific coast of central Honshu it is the capital of Aichi prefecture and on of Japans major ports The area has a population of 8.74 million with 2.27 million living in Nogoya City. During World War II, factories in Nogoya produced 50% of the combat aircraft hence it was heavily bombed by the allies with one bombing raid creating a record of 3,162 tons of bombs dropped in one mission and eventually 25% of the city was destroyed. These days Nogoya is a thriving modern city with many tourist attractions including the Noritake factory.

The Rotary Club of Nogoya was formed in 1925, has 186 members and meets at 12:30 on Tuesdays at the Hotel Kanko. The President is Torao Oshima and the Secretary is Yoshihisa Nakano.

Reports:

- SECRETARY LINDSAY WILSON Correspondence: Letters from Circus Cuircus; Can Assist; letter of appreciation from the Head Office of Country Hope. Invitations from Inner Wheel; Sunrise Rotary for their changeovers, and Life Education and the Northcott Society, and the WWCC indicating that the grant request has been received.
- > TREASURER STEVE BIGGIN Final quarterly subs are due. The new fee system starts in July. New option to pay \$365 per year plus \$15 per meeting for meals.
- LAURIE MYERS A Theatre social event on 8th Febuary Peace Train Cat Stevens tribute performed by Darren Coggan. Laurie has 30 seats booked at \$50 per head. See Laurie asap.
- **BRUCE DUFFY** There is now a RAWKS Australia benevolent society.

General Business:

- Details of new fee structure: Option 1 pay quarterly subscriptions of \$262.50 which includes all costs.
 Option 2 Pay running costs of \$365 per year in 2 instalments, at start of Rotary year, and 6 months later and pay for meal on the night \$15 at the door.
- > Last of the Bowell scan kits are for collection on 21 June.
- > Brian is looking for someone to edit the bulletin.
- > Jock thanked President Tony Crawford for a job well done as president and congratulated him on a successful year.

<u>GUEST SPEAKER</u> – DAVID CARROLL INTRODUCED DAWN TINDALL GUEST SPEAKER FOR MACULAR DEGENERATION ASSOCIATION.

Dawn is an educator for macular degeneration. The leading cause of loss of vision associated with aging. 1 in 3 80 year olds could have it. The foundations aim is to raise awareness of diet and preventions like non-smoking. The macular is the small spot in the central vision. There are 2 forms of macular degeneration. In both these is progressive loss of central vision but the loss of central vision, but the peripheral remains clear. Legal Blindness is when you cannot read the top letter on the chart. Symptoms can include wavy lines, difficulty reading, difficulty seeing. Get help straight away, can slow it with diet and lifestyle. Blood vessel loss can cause vision loss and is treated with injections into the eye every month for the rest of the life. Risk factors, age and genetics Other risks smoking can bring it on 10years earlier Make better food and lifestyle choices. Dark green leafy Vegetables every day or take lutein supplements, Fish 2-3 times per week, nuts. A low GI diet, and eating fish not just the oil. There is a helpline - Phone support 1800 111 709

<u>VOTE OF THANKS -</u> JOCK THANKED DAWN AND SHE WAS PRESENTED WITH THE CLUB GIFT IN APRECIATION.

ROSTER: Apologies to be phoned to Lindsay Wilson - (0419 611 424) to assist catering please!

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Date	Monday 1st July	Monday 8 th July	Monday 15 th July
Venue	RSL Club 6.15pm	RSL Club 6.15pm	RSL Club 6.15pm
Program	tba	tba	tba
Intro.& Hosting	Michael Slinger	Laurie Myers	Harry Wilson
Sergeant at Arms/Boxer	Kerry Flinn David Carroll	Geoff Mackney Charlie Baker	Jock Hamilton Charlie Baker
Furnishings & Setup	Henry Hope Neil McMullan Clive Willis	Bill Roche Harry Wilson Des Hamilton	Karen Mackney Geoff Mackney Clive Willis
Int. Toast	John Rorrison	John Rorrison John Rorrison	
Guest Speaker	tba	tba tba	
Vote of Thanks	Rod Bowman	Joy Reid Bill Roche	

Sergeant at Arms: JOCK HAMILTON, AND BOXER CHARLIE BAKER.

\odot	Laurie Myers – on TV again	\odot	Geoff Mackney – ran into a tree
\odot	Laurie Myers – scoring goals like his son	\odot	Charlie Baker – let the fire go out
\odot	John Wright – being in Hawaii	\odot	Lindsay Wilson – his fancy bike runs over roundabouts
\odot	Richard Sleeman – all farmers for the rain	\odot	Bruce Duffy – wrong night for changeover
\odot	David Carroll – late for coffee	\odot	Tony Crawford – plays golf better walking than in the cart
\odot	All Country Club members because their chef is leaving	\odot	Lindsay Wilson – South Wagga Lions
\odot	Geoff Mackney - more tests than Alan border	\odot	Jock Hamilton – melodrama
\odot	Bruce Duffy – likes taxes	\odot	All Board members
\odot	David Carroll – bought a car, but no umbrella for Jean	\odot	Jock Hamilton – needs a new badge for Ros
\odot	Mick and Julie Lucke – Dining out	\odot	Kerry Flinn - champion touch footballer son

Heads and Tales: CLIVE WILLIS

Attendance 100 %

Joke of the Week 1

A farm boy accidentally overturned his wagonload of corn. The farmer who lived nearby heard the noise and yelled over to the boy, "Hey Willis, forget your troubles. Come in and visit with us. I'll help you get the wagon up later."

"That's mighty nice of you," Willis answered,

"But I don't think Pa would like me to."

"Aw come on boy," the farmer insisted.

"Well okay," the boy finally agreed, and added, "But Pa won't like it."

After a hearty dinner, Willis thanked his host. "I feel a lot better now, but I know Pa is going to be real upset."

"Don't be foolish!" the neighbor said with a smile. "By the way, where is he?"

"Under the wagon."

Joke of the Week 2

In a convent in Ireland, the 98yearold Mother Superior lay dying. The nuns gathered around her bed trying to make her last journey comfortable. They tried giving her warm milk to drink but she refused it. One of the nuns took the glass back to the kitchen. Then, remembering a bottle of Irish Whiskey that had been received as a gift the previous Christmas, she opened it and poured a generous amount into the warm milk.

Back at Mother Superior's bed, they held the glass to her lips.

The frail nun drank a little, then a little more and before they knew it, she had finished the whole glass down to the last drop.

As her eyes brightened, the nuns thought it would be a good opportunity to have one last talk with their spiritual leader..."Mother," the nuns asked earnestly, "Please give us some of your wisdom before you leave us. "She raised herself up in bed on one elbow, looked at them and said: ""DON'T SELL THAT COW."